



PALESA HOUSE

Supported Living For Young People



*Quality accommodation, assistance and support
for young people transitioning to adulthood*



Rear garden at Palesa House

Services

We aim to support our young people by using therapeutic working practices to address emotional and behavioural problems, empowering them to achieve independence and become positive members of the community. Our areas of support include the following areas:

- Supported housing for young people aged 16-21
- Work and learning
- People and community interaction
- Health and wellbeing
- Help with budgeting, money and rent
- Support with general life skills

About Us

We are a fully-staffed home environment, awaiting OFSTED Registration.

Our vision

To support our residents to lead the best life possible on their pathways to independence.

Our mission

- To provide high quality clean, safe supported living.
- To deliver a service where young people feel safe, secure and valued.
- To provide individualised programs to meet the needs of each care leaver and young adult.
- To address wider support needs and encourage opportunities for personal development and achievement.

Our values

Partnerships:

Working in partnership with public bodies (Children & Youth Agencies, Education, Mental Health, and Substance Abuse, Local Authorities) to cost-effectively support care leavers. We will invite feedback and use our partners' concerns to continually improve our efforts.

Responsiveness:

We will respond quickly and professionally to referrals.

Support and sustainability:

We understand that youth are unlikely to sustain positive behaviour unless their families can actively support them. We engage families and assist them in resolving problems and developing a supportive culture. Aftercare is not an afterthought; we plan for successful post-discharge transition from day one. Our emphasis on behaviour control, education, and employability skills gives youth the ability to find productive roles in society.

Community:

Community outreach projects allow youth to regain an awareness and empathy for their victims, and to provide restitution through volunteer service.

Education:

Innovative education and skills development programs prepare youth to enter and succeed in the world of work.

Diversity:

We understand that, the "how" is more important than the "what," and the "what" is directly related to the "who." Our staff complement the cultural diversity of the youth we work with. Our staff have the requisite educational and work experiences, but most importantly, brings empathy and a "whatever it takes" philosophy to succeed with all young people, particularly those living in care.



Our Setting

Palesa House is a home environment in a shared house with three bedrooms and access to communal facilities.

At a glance:

- Staff on-site 24hrs a day
- Communal lounge, kitchen, bathroom, laundry facilities, patio and garden



Location

Situated in a quiet residential street in Chingford, close to green spaces, shops and leisure facilities.

Well served by transport links on main overground rail and bus routes.





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Bedrooms

Each room is fully furnished and enables complete privacy with freedom to integrate with the household.





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**HMO Application #
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